



PARENT INFORMATION SESSION

SEPTEMBER, 2019



**STAYING
INFORMED**

**BEST
PRACTICES**

Our website is www.buckeyeswimclub.com

It contains extras such as time standards & team records.

Follow our Goggle Practice Calendars – they are broken down by the group

Bookmark our Meet Schedule page, check it weekly. Login to your Swim Portal Once a week

Install Slack on your phone, turn on notifications for team announcements and the swim meet channel.

Read the weekly team news. All news is also posted on our website on the news page.

Whitelist our emails (weekly from go Daddy, occasionally from Active)

COMMUNICATION

SLACK DIRECT MESSAGE

- **CAN BE SENT AT ANY TIME**
- **A GREAT WAY FOR SWIMMERS TO COMMUNICATE WITH COACHES, SIMPLY START A DIRECT MESSAGE GROUP WITH PARENTS, SWIMMERS AND COACHES TOGETHER**
- **GOOD QUICK & FORGET FORM OF COMMUNICATION**

EMAIL

- **GREAT WAY TO SHARE DETAIL ABOUT YOUR SWIMMERS LEARNING STYLE OR SOMETHING YOU'D LIKE US TO KNOW ABOUT YOUR SWIMMER.**
- **GREAT IF YOU HAVE A QUESTION THAT NEEDS A MORE THOUGHTFUL RESPONSE**
- **GOOD FOR SOMETHING YOU WANT THE COACH TO REMEMBER OR TO REFERENCE LATER**
- **GREAT WAY TO FOLLOW UP A CONVERSATION.**

COMMUNICATION

TEXT MESSAGE & PHONE CALLS

- **NO DIRECT TEXTS FROM SWIMMERS TO COACHES – PLEASE HAVE THEM USE YOUR PHONE OR SLACK**
- **TEXTS AND CALLS SHOULD OCCUR BETWEEN 8A AND 8P, UNLESS AN EMERGENCY**
- **GREAT QUICK & FORGET, OR QUICK ANSWER**

614-721-1555

IN PERSON

- **GREAT WAY TO GET TO KNOW COACH AND FOR COACH TO GET TO KNOW YOU**
- **DOESN'T HAVE TO BE ABOUT SWIMMING**
- **CAN BE A SIMPLE WAY TO WORK OUT A PROBLEM TOGETHER**
- **LEAVES LESS ROOM FOR INTERPRETATION**
- **DO NOT INTERRUPT PRACTICE**

COMMUNICATION

- **ANGRY? PLEASE WAIT 24 HOURS , THIS MAY HELP YOU GAIN SOME PERSPECTIVE**
- **YOUR CHILD MAY BE HAPPIER ADDRESSING THE PROBLEM, GIVE THEM THE OPPORTUNITY**
- **EVEN IF IT SEEMS TRIVIAL, DO NOT BOUNCE IT OFF OTHER PARENTS – GO TO THE COACH**
- **NEVER AT THE CONCLUSION OF A MEET SESSION**
- **DO NOT INTERRUPT PRACTICE**



SWIM MEETS

BEST PRACTICES

All families must respond to all meet invites.

From the Active Portal ACCEPT OR DECLINE your Invite.

Select events if applicable. Edit sessions and deselect sessions you can't attend.

SAVE your response.

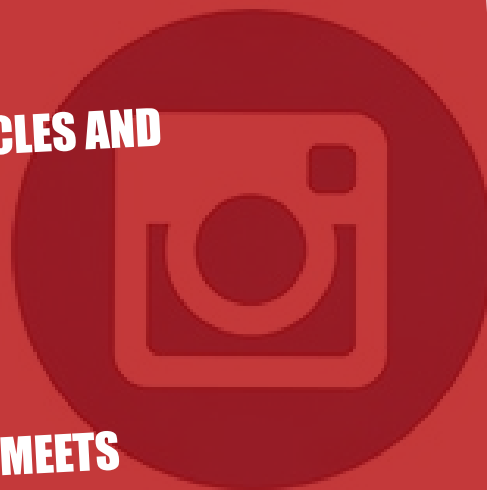
Change your response before the deadline.

Response deadlines are included in our Meet and Event Calendar.

Not sure? Ask Coach!

GET SOCIAL

- **FACEBOOK PAGE**
 - WILL INCLUDE PRACTICE VIDEO, INTERESTING ARTICLES AND REMINDERS
 - LIKE US! - BUCKYESWIMMING
- **INSTAGRAM**
 - LOVE TO USE THIS FOR ACCOLADES, ESPECIALLY AT MEETS
 - FOLLOW US - BUCKYESWIM



GET INVOLVED

- **TEAM RECOGNITION NIGHTS - 2 OR 3 A YEAR**
- **TEAM ACTIVITIES OR OUTINGS**
- **TRAINING GROUP ACTIVITIES**
- **FUNDRAISE, FUNDRAISE, FUNDRAISE**
- **TECHNOLOGY AND EQUIPMENT**
- **COLLABORATIVE BOARD**
- **SHOP AT AMAZON SMILE AND SWIMOUTLET**

The
Booster
CLUB 

COSTS INVOLVED

TRAINING & MEET FEES

- **TRAINING FEES ARE BILLED THROUGH QUICKBOOKS INVOICING AND CAN BE PAID ONLINE**
- **EDIT THE AMOUNT YOU WANT TO PAY BEFORE SUBMITTING**
- **MEET FEES ARE BILLED THROUGH ACTIVE – PLEASE KEEP AN UP TO DATE CREDIT CARD ON FILE!**
- **ONCE OUR ENTRY IS ACCEPTED MEET FEES ARE NONREFUNDABLE**

EQUIPMENT AND TEAM UNIFORM

- **ALL SWIMMERS ARE REQUIRED TO COMPETE IN THE SPEEDO BETA BLADE IN SPEEDO RED (A BLACK SUIT WITH RED DESIGN) & TEAM CAP**
- **CERTAIN CHAMPIONSHIP MEETS SWIMMERS MAY WEAR 'TECH' SUITS**
- **SWIMMERS ARE REQUIRED TO HAVE PROPER TRAINING EQUIPMENT IN A MESH BAG AND LABELED**
- **ALWAYS BRING A WATER BOTTLE**

MAAPP

MINOR ATHLETE ABUSE PROTECTION POLICY



POLICY SUMMARY

COACH & SWIMMER INTERACTION

- **ALL ARE OBSERVABLE AND INTERRUPTIBLE**
- **MEETINGS WITH AN OPEN DOOR OR ADULT PRESENT**
- **PRIVATE LESSONS MUST BE OBSERVABLE AND INTERRUPTIBLE, PARENT SHOULD BE PRESENT, A SECOND ADULT MUST BE PRESENT**
- **DIRECT MESSAGES MUST INCLUDE PARENT OR GUARDIAN**
- **NO HOTEL ROOM MEETINGS DURING TEAM TRAVEL**

LOCKER ROOMS

- **ADULTS SHOULD NOT BE IN A LOCKER ROOM WHILE MINOR ATHLETES ARE CHANGING. COACHES ARE NOT PERMITTED.**
- **PARENTS SHOULD STAND OUTSIDE THE LOCKER ROOM DOOR WITH THE DOOR OPEN TO MONITOR CONVERSATION (PRIVACY IS MAINTAINED).**
- **NO ELECTRONIC DEVICES IN A LOCKER ROOM**

TECH TALK AND QUESTIONS

